

CLASS TIMETABLE



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
MORNING	6.30AM - 7.10AM BRUTAL BOOTCAMP	6.30AM - 7.10AM FULL OF HIIT	6.30AM - 7.10AM KINGS KONDITIONING	6.30AM - 7.10AM HYBOX	6.30AM - 7.10AM KOMPLETION	11.00AM - 11.40AM SAVAGE SATURDAYS
AFTERNOON	12.30PM - 1.10PM BRUTAL BOOTCAMP	12.30PM - 1.10PM FULL OF HIIT	12.30PM - 1.10PM KINGS KONDITIONING	12.30PM - 1.10PM HYBOX	12.30PM - 1.10PM KOMPLETION	
EVENING	6.30PM - 7.10PM BRUTAL BOOTCAMP	6.30PM - 7.10PM FULL OF HIIT	6.30PM - 7.10PM KINGS KONDITIONING	6.30PM - 7.10PM HYBOX		

CLASSES OPERATE ON A FIRST COME FIRST SERVED BASIS. PLEASE ENSURE YOU TURN UP ON TIME OR YOU MAY BE REFUSED ENTRY. THIS TIMETABLE MAY BE SUBJECT TO CHANGE.